

Mental Health Strategy

Strategy 1: Establish oversight and resourcing

- Establish a framework for the oversight of the development of the Mental Health Strategy and the review of its implementation.
- Ensure adequate resourcing for the implementation of the Mental Health Strategy.

Strategy 2: Raise awareness about mental health

- Improve the wellbeing of ACT students and staff by raising awareness and understanding about mental health conditions, their prevalence, impacts and available resources and support.

Strategy 3: Provision of student support services

- Ensure that appropriate support services relevant to mental health conditions are available and accessible for ACT students when needed.

Strategy 4: Training and professional development

- Provide opportunities for training and professional development of staff involved in supporting students with mental health concerns and conditions.

Strategy 5: Research, scholarship and community engagement

- Promote research and scholarship activity on the issue of mental health and its intersection with theology, practice in pastoral care and Christian leadership.
- Promote community engagement activities which raise understanding about mental health and equip community members to respond to the issue.

Strategy 6: Curriculum development

- Develop curriculum in the area of mental health and its intersection with theology and practice in pastoral care and Christian leadership to produce graduates equipped to address the issues of mental health at a personal and societal level.

Strategy 7: Management of mental health critical incidents

- Review the management of each mental health critical incident to identify possible areas for improvement in managing incidents and/or strategies for preventing the occurrence of such incidents.

Strategy 8: Monitoring, review and improvement of the strategy

- Monitor the effectiveness of the implementation of the strategy, including by review of student feedback.
- Review the strategy based on the outcomes of monitoring activity, scholarship activity and through benchmarking against good practice in the sector.
- Update the strategy in response to monitoring, review and the emerging needs of student cohorts.